

Alaska Volleyball Association

2006/2007 Season

Frequently Asked Questions - What you may not know

Season: The club volleyball season runs from Dec through late March/early April. Regular practices begin 8 Jan. The special Reno Travel team restarts practices in late April and travels in late June to Reno.

Tryouts: The purpose of the tryouts will be to place the players where our team of qualified coaches determine they should play. Their skills will be evaluated to determine which of the following playing levels and teams they fit best in:

High School

Varsity Level players will typically be placed in either Varsity or JV Gold Teams

JV Level players will typically be placed on JV Teams

C Team Level players typical will be placed in JV Silver Teams

Middle School

14's - typically 7th, 8th or young 9th graders

13's- typically 6th or 7th graders

12's - typically 7th, 6th and 5th grades, beginners

We do not like to cut players from the program, however, we have a limited availability of qualified coaches and practice facilities, if cuts are determined to be necessary it will be the ultimate decision of the coaching panel and their decisions will be final. Coach may create an alternate list in case openings occur.

Valley / Eagle River AVA Club: Players will be coming from the Mat Su Valley and from the Eagle River/Chugiak area (and possibly from Anchorage). We ask that you understand that this is not a "Valley" or "Eagle River" club. As a result we will likely have players from many communities participating on each team. AVA has been around for over 10 year developing competitive volleyball players. We have gym space at Palmer Jr. Middle School as well as Mirror Lake Middle School and various Eagle River/Chugiak elementary schools. It is possible that your practice locations will be outside of the community you reside in especially for HS player. 5th-8th grade practices will be in the Eagle River/Chugiak area.

Practices: The teams that have the most success during the season are those that have the most consistency in attendance - each player can do their part by attending practice and becoming a committed member of their team. Players need to arrive early and be ready to practice. Coaches want to maximize their 90 minutes of practice time. Each team will get two 90 min practices a week except during school holidays.

Tournaments: Our club participates in the tournaments hosted by Midnight Sun Volleyball Association. You can expect on 4 tournaments, 1 tournament per month beginning in January. They are held on Saturday. You can expect your team to play either in the morning session-(approx 8:00 -2:00) or the afternoon session (approx 12:00 - 8:00pm) The tournaments are typically played at the Cellular One sports complex on O'Malley (next to the Tesoro Ice Arena) in south Anchorage. Dates will be posted.

Conflicts: If you are participating in another high school sport (basketball, XC skiing, wrestling), or another club activity (competitive dance, snowboarding, skiing) you will likely find yourself with conflicts to practices and/or tournaments. It will be necessary to share this information with us before being placed on a team and to communicate with your AVA coach so that preparations can be made to have a competitive team ready for each tournament. We understand that HS sports takes priority over club volleyball and we would like players to have the opportunity to do both.

Forms: Each player will be provided a registration packet and it is also available on-line. The packet includes the following: They will be due at their first team practice following tryouts:

- Page 1 Player information Sheet
- Page 2 Waiver and Release of Liability
- Page 3 Medical Information & Emergency Release
- Page 4 Financial Contract Agreement
- Page 5 Player Commitment Contract

Total Fees: \$ 450 (covers practice facilities rental, tournament fees, uniforms, equipment, etc)
Fee payments must be up to date in order to receive uniforms and play in tournaments.

Payment Option 1

Fees paid in full before January 19, 2007 are subject to a 10% savings for an adjusted total \$405.00

Payment Option 2

- Initial Payment due at 1st team practice January: \$ 150
- Second Installment – February 2, 2007 \$ 150
- Third Installment - February 23, 2007 \$ 150

Communication: It is critical that information be communicated between volleyball -players and their families and their coaches and the club administration. We will provide you with team phone numbers when they are available, including coaches contact numbers. If you should need to reach one of your administrators you can reach us at one of the following:

email us on the website at - www.alaskavolleyball.org call us: Gary Steinfort 622-1915

Note: Tournament information will be updated on the website as we have it available.

Team Assignment Notification:

Players will be notified of their team assignment via the website. They will need to remember their tryout numbers. Players will also be notified of their practice time and location at this time.

Coaching Staff: Our coaches are carefully selected and have volleyball specific coaching and playing experience. Most of our coaches are current and past high school coaches.