

Volleyball Summer Position Skills Sessions

Hosted by the Moose Volleyball Booster Club

This summer we will be offering an opportunity for local players to work on their volleyball skills in a setting similar to Midnight Sun's Skill School.

We will be focused on improving players specifically in the positions they play, as well as refining, and advancing individual skill. Practices will consist of drills and skill work with plenty of technical feedback.

Coaches will include: Steve Reynolds, Jayme Dehart, and a wide variety of others with first hand knowledge of the skills needed to take your game to the next level.

There will be two groups, one for advanced players, and one for players with less experience. Group 1 (advanced) will meet Wednesday nights from 5:30-7:30 PM. Group 2 will meet Friday afternoons from 3-5 PM. Practices will be held in the Palmer High Gym. Each group will meet 7 times, however we are still working on finalizing the exact dates and times so there may be changes made later. A more accurate calendar will be available later this spring.

The cost is \$135. Payment details will follow - no payment is necessary right now.

If you would like to enroll in the Summer Session Please fill out the form below immediately and mail or email it to:

Steve Reynolds PO Box 1851 Palmer, AK 99645
volleyball@reynoldshardwood.com

Summer Position Skills Sessions

Name _____

Email _____

Phone _____

Mailing Address _____

School _____ Entering Grade _____ Highest Level Played _____

Position(s) _____